

# YOUTH KW



## Lend a Helping Hand (03.16.18)

**Community  
Support  
Connections**



*Meals on Wheels and More*

### Garden Hand

[14+] Carry out garden operations including watering, seeding, fertilizing, weeding, harvesting and maintaining the garden.

**Desiree** [desirees@cscmow.org](mailto:desirees@cscmow.org)



**Elmira District  
Community Living**

### Maple Syrup Festival

[12+] Contribute to the success of a grass-roots event in Elmira that has been running for 53 years! Set-up, take-down, supervise parking lots, or traffic control. **Lisa** [lreitzel@elmiracl.com](mailto:lreitzel@elmiracl.com)



### Outing Assistant

[14+] Help clients participate in community outings. May include transporting clients on day trips, setting up, and/or conversing with clients. **Laurie** [l.yeo-schmidt@sunbeamcentre.com](mailto:l.yeo-schmidt@sunbeamcentre.com)




### Hunger Fighter

[15+] Assist with the weekly (Thursday) Food Distribution. Unload, sort, serve, and ensure community members feel welcome. **Jennifer** [volunteering@houseoffriendship.org](mailto:volunteering@houseoffriendship.org)



Youth newsletter:

[volunteerkw.ca](http://volunteerkw.ca)

 519-742-8610

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